



Witkowski is a board certified Obstetrician and Gynecologist. He has been in private practice since 1993 and he is the Chairman of the Department of Obstetrics and Gynecology at Hallmark Health Systems, just outside of Boston, MA. He has served on National Quality of Care and Patient Safety Committees for the American College of Obstetrics and Gynecology (ACOG) and has contributed to the ACOG publications of Guidelines for Prenatal Care, Vol. 7 and Quality and Safety in Women's Healthcare 2nd Edition along with peer reviewed articles in Patient Safety.

Dr. Witkowski is a Certified Nutritionist and a Lifestyle Medicine Physician. He is the founder and medical director of Wiwat, Integrated Lifestyle Medicine. He and his wife, Pamela, co-created their Lifestyle Design MD program, and the Lifestyle Design MD Plan. They educate individuals, families, and medical practitioners on how to obtain optimal health and prevent and reverse chronic disease through nutrition, fitness, stress management, and lifestyle design.

Daniel is a husband of 31 years to Pamela, dad of 6 children, and a grandfather (Papi).