

Curriculum Vitae

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1. Personal Details:

Born: 29/8/61 Israel, Married , 4 children

2. Education :

- 2013 **Group Facilitation** "Gishot" College
- 2011, 2015-16 **Personal coaching** "gome" college
- 2008: **GCP** for study coordinator , Pharma Job
- 2007: Geneva seminar on **health and globalization**, Adam Milo
- 2006: **International health** for Israeli physicians, Israel Medical Association
- 2004-2006 : **MHA** Managment of Health Administration , Ben Gurion University
- 2000-2003 : Postgraduate studies in **Emergency Medicine** , Tel Aviv University
- 2000: **ATLS , ACLS , PALS, ACLS** for instructors.
- 1996: **Specialist Family Medicine** , Haemek Medical Center , Afula
- 1990 : **ECFMG** Certified.
- 1987 : Certified **Aviation** Medical Officer.
- 1986 : **Internship** Sorasky Medical Center , Tel Aviv.

- 1985 : Degree **M.D.**,
Sackler School of Medicine Tel Aviv University
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3.:Army Service:

Primary Care Physician, administration positions and emergency physician 1986-2006, (see clinical experience).

Rank Lt.Colonel

4. Clinical Experience:

- 2006- today: Family practitioner Kupat Holim clinic, Zichron yaakov.
- 2011-today: Volunteer Primary physician in the refugee clinic south Tel Aviv
- 2008-2011 : CEO "Synapsot – optimistic health promotion" - Guide and practical steps for personal health, well being and happiness.
- 2011 – Male circumcision for HIV prevention delagation to KZN South Africa coordinator
- 2010 – Instructor of AIDS prevention course for local leaders in Myanmar
- 1986-2006 : Senior Physician Medical Corps Family Medicine Department,
- 1999-2003, 2006-2008 : Senior Doctor Emergency Department Haemek Medical Center, Afula.

5.Professional Activity

- 2011-today: Chairman of the Israeli society of Lifestyle Medicine, Family Physician Association, Israel Medical Association
- 2012-today: Coordinator and lecturer of lifestyle teaching for medical students in the Faculty of Medicine in the Galil - Bar Ilan University
- 2011-today: Coordinator and lecturer of Lifestyle medicine courses for family practitioners and residents , Sackler School of Medicine Tel Aviv University, Bar Ilan university and the Technion, Hifa, Ben Gurion University in the Negev.
- 2013- today: Section Editor on Lifestyle Medicine – The Israeli journal of family practice
- 2014-today: Reviewer of BMC Family Practice manuscripts

- 2014 - Primary editor of the syllabus for the study of lifestyle medicine. The Society of Lifestyle Medicine, Israel Association of Family Physicians; The Israeli Medical Association
- 2013-today: European society of lifestyle medicine Israeli representative
- 2014 - Poster presentation – American College of lifestyle medicine annual congress; San diego: Leading healthy lives – lifestyle medicine teaching for medical students
- 2012- today: Workshop facilitator on physician health in several family medicine conferences
- 2010 Educator course for educators on AIDS in Myanmar
- 2003-2006 Senior Lecturer Medical Corps School of Military Medicine
- 2003-2005 Senior Lecturer Family Medicine Department Medical Corps
- 2000 Presentation at ACEP Scientific Assembly; Elective and urgent electrical cardioversion of atrial fibrillation in the emergency department, it's safety and efficacy
- 1996-1997 Instigator and Academic Co-ordinator Family Physicians Specialist Course , Family Medicine Department, Haemek Medical Center