



Gail Gazelle, MD, FACP, FAAHPM, is a part-time Assistant Professor of Medicine at Harvard Medical School, a practicing hospice and palliative medicine physician, and an executive coach for physicians and physician leaders. By phone or in person, she has coached over 300 physician leaders and physicians on such issues as establishing authentic leadership style, conflict management, teamwork, decreasing reactivity, leveraging strengths, burnout, and work-life balance. In an effort to maximize tools for physician resilience, she incorporates positive psychology and mindfulness techniques in addition to traditional coaching methods, making coaching both effective and enjoyable.

An Associate Scientist at the Brigham and Women's hospital, Dr. Gazelle developed and teaches a resilience curriculum to all Brigham Internal Medicine residents. She is the lead author on [one of the first academic papers on the use of coaching for physician burnout](#) and was featured in a [Harvard Institute of Coaching podcast on coaching for physician resilience](#). She is the author of [Building Your Resilient Self: 52 Tips to Move from Physician Burnout to Balance](#) (FREE at www.gailgazelle.com) and the 2013 Harvard Health Guide [Mindfulness Support for Alzheimer's Caregivers](#).

Dr. Gazelle received her B.Sc. from Cornell University and her M.D. from Upstate Medical University. She trained in Internal Medicine at a Harvard teaching hospital and completed fellowship training in Medical Ethics at Harvard Medical School. She is board certified in Internal Medicine and Hospice and Palliative Medicine.

Dr. Gazelle is the solo author of two narratives published in *The New England Journal of Medicine*. She has been featured on the NPR show "All Things Considered," on CNN, and on

Wisconsin and Michigan Public Radio. Her work has been highlighted in such publications as *O, the Oprah Magazine*; *Business Week*; *The Baltimore Sun*; and *American Medical News*.