



## **Ioannis Arkadianos, MD**

Dr. Arkadianos is co-founder and Vice President of **the European Lifestyle Medicine Organization (ELMO)**.

He graduated from Athens University Medical School. He is certified in General Medicine with extra Post Graduate studies in Obesity, Nutrition and Nutrigenomics.

He holds the **Specialist Certification of Obesity Professional Education (SCOPE)** from “World Obesity Federation” (WOF).

He is a pioneer Medical Doctor of lifestyle medicine in Europe, having practiced in this field for the last 22 years.

He is an active member of the Hellenic Medical Association for the study of Obesity, European Association for the study of Obesity, American Society for Nutrition, International Society of Nutrigenetics/Nutrigenomics, Canadian Obesity Network and Australasian Society of Lifestyle Medicine. He is also a council member of the **True Health Initiative**.

His medical practice is located in Athens, Greece.

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